

ORGANISATIONAL SELF-ASSESSMENT FORM FOR FORUM TRAININGSCHOOL ASSESSMENT

1.0 ABOUT YOUR TRAINING ORGANISATION

1.1 Name of Organisation:

1.2 Address of Organisation:
.....

1.3 Contact Person:
and phone/fax no:

1.4 Have you applied / been accepted as an Organisational Member of EABP ? Yes / No
Details:

1.5 Are you an Organisational Member of an E.A.B.P. National Association ? Yes / No
(State Country) Details:.....

1.6 How long has the organisation been training people ?
How many people currently in training ?
How many people have been qualified as Body-Psychotherapists ?
.....

1.7 How long is the present training course (years) ?
and how many hours of training (tutor contact) per year ?
or in the whole course ?
What written requirements are made ?
.....
What assessment of theory is made ?
.....
What practical assessments are made ?
.....
What "own therapy" requirements are made ?
.....

2.0 ABOUT YOUR TYPE OF BODY-PSYCHOTHERAPY

- 2.1** Please describe in about a paragraph (100 words) the origins of the modality of Body Psychotherapy the organisation teaches: (founder, source, etc.)
- 2.2** Please describe in about three paragraphs (200 words) the essential theory underlying the modality of Body-Psychotherapy that the organisation teaches:
- 2.3** Please describe in about three or four paragraphs (200-300 words) the basic methodology of the modality of Body-Psychotherapy that the organisation teaches:
- 2.4** Please describe how you see this method as a valid method with Body-Psychotherapy.

3.0 RELATING TO THE PROPOSED EABP TRAINING STANDARDS

3.1 Professional Standards: Proposals 1a & 1b:

Please describe how you monitor candidates for the training to ensure they are at post-graduate level or the equivalent, and what requirements you make of people prior to them being accepted into the training. (If you do not monitor or screen candidates, please say so.)

3.2 European Compatibility: Proposals 2a and 2b:

Please describe in two or three paragraphs, how you see the training organisation and its syllabus in relation to the EAP and the proposed European Certificate of Psychotherapy, mentioning in particular any extra items that you would need to do to comply with these requirements.

3.3 Clarity: Proposals 3a and 3b:

Does your Prospectus or Training Manual state clearly: (a) the content of the course, module by module; (b) the number of hours per annum of tutor time; (c) the proportion of time spent on theory, and methodology or techniques; (d) the amount of written work expected; and (e) the extent and type of personal therapy required. Does it indicate clearly what is included and what is extra to be paid for? Please give specific details, if any.

3.4 Theory Syllabus: Proposals 4a and 4b:

Please describe the amount of basic training in any general theory of Psychotherapy and/or in other approaches in Psychotherapy (if any) that you consider relevant and/or teach trainees about and indicate the amount of time (tutor hours) spent on these. What do you include in a general theory in your organisation's training ?

3.5 Specific Theory of Body-Psychotherapy: Proposal 5:

Please describe how you communicate the 4 various points to the trainees:

- (1)
- (2)
- (3)
- (4)

Is there anything else that you wish to add about the teaching of the specific theory of your Training School ?

3.6 Practice: Proposals 6a and 6b:

Please describe how much of the training is experiential practice; and how and when this is assessed. Please also describe how your organisation assesses the special competencies to do with touch, its boundaries, and limitations.

3.6.1 Functional Competencies: Proposal 6c:

Are any functional competencies in psychotherapy (what should a psychotherapist be able to do ?) being required nationally, and, if so, are you planning to meet these requirements ?

3.7 Personal Therapy: Proposals 7a and 7b:

Please describe what requirements you make about trainees' personal therapy ? How much ? With whom ? and of what sort ? Do you make any restrictions about not receiving personal therapy from people who are also their trainers ? Do you require trainees' personal therapists to be professionally registered ?

3.8 Standards of Training & Assessment: Proposal 8a:

Is the training organisation accredited or a member of the National Umbrella Organisation for Psychotherapy in that country ? Or is it planning to be ? Or is it restricted from being ? Describe please:

Please also describe whether the organisation employs in some way any “external” examiners for the trainees’ final assessment or assessment process (who come from outside the training organisation) and/or whether there is a training file kept on the trainee for future reference or for purposes of external verification ?

3.8.1 Standards of Training & Assessment: Proposal 8b:

Does the completion of your training enable a trainee to fulfil the minimum requirements of EABP membership ? (see EABP Booklets)

3.8.2 Standards of Training & Assessment: Proposal 8c:

Please describe what other professional psychotherapeutic competencies you introduce within your training course ?

3.9 Supervised Practice: Proposal 9:

Please describe what opportunities or arrangements you make to enable trainees to obtain any supervised practice as a body-psychotherapist so that they can fulfil any national requirements of EABP membership requirements.

3.10 Quality of Trainers: Proposal 10:

Please describe (if any) what pre-requisites you insist upon and what requirements you make and what arrangements you have in place to assess and maintain the quality of your trainers according to the 6 points in the proposal.

(1)

(2)

(3)

(4)

(5)

(6)

Is there anything else that you wish to add about maintaining the quality of trainers in your Training School ?

3.11 Quality of Supervisors: Proposal 11:

Please describe (if any) what pre-requisites you insist upon and what requirements you make and what arrangements you have in place to assess and maintain the quality of your supervisors according to the 4 points in the proposal.

(1)

(2)

(3)

(4)

Is there anything else that you wish to add about maintaining the quality of supervisors in your Training School ?

3.12 Organisational Coherence: Proposal 12:

Please describe what steps (if any) you take to ensure that your organisation does what it says it does, that it maintains high professional standards, that the practice is in line with it's stated philosophy, and that there is some on-going research into the efficacy of its methods.

3.13 Size: Proposal 13:

Please describe how many people are regularly in the training team and in what capacity (trainers, supervisors etc.), and please also describe how many others are employed (administrative & ancillary staff).

3.14 Structure: Proposal 14:

Please describe the legal structure of your training organisation; whether it is registered and with whom, and as what (private business, company, educational establishment etc.)

Please also describe the premises that you use:

3.14.1 Structure: Proposal 14:

Please also describe whether there is an insurance policy; and of what sort;

An ethical code and complaints system for trainees;

And whether there are regular inspections (by inside or outside bodies) as to health, safety, and welfare facilities for trainees, and clients;

3.15 Structure: Proposal 15:

Please describe (if any) what awareness you introduce and what steps you take to try to ensure that there are no discriminations operating within the training (see list).

3.16 Implementation: Proposal 16:

Please describe how long you might need if you were to implement all the aspects of these Training Standards proposals and what you think of the proposed assessment procedures.

4.0 SCIENTIFIC VALIDATION

Please describe (with references) any current or already developed research projects that assess the validity or indicate the efficacy of the method of psychotherapy that you are training people in. Indicate the type of research (i.e. whether these are client outcome studies, collections of case histories, comparative studies, etc.)

You are also asked to state whether you agree or disagree in whole or in part with the EABP definition of Body-Psychotherapy and whether you think there are any further points or definitions that make up the “Common Ground” or the “Core Issues” in Body-Psychotherapy and state these.

Please add any further comments or information here or on continuation sheets. Please do not enclose any brochures or printed material at this stage as we will not be able to circulate these to other organisations involved in the Self-Assessment Process.

(Finally, please also make sure that you read the EAP’s questions about the scientific validation of methods of psychotherapy and consider combining with other practitioners of your method to begin to form an answer to these. Please note that the application process to EAP is quite different from the Self-Assessment Process for EABP.)

Please send the completed form, together with the application form for The FORUM, and the relevant fee to:

EABP Secretariat: Leidsestraat 106-108/2, 1017 PG Amsterdam, The Netherlands
Tel: 31-(0)20-3302703 Fax: 31-(0)20-6257312
eabpsecretariat@planet.nl