

**2018 United States Association For Body Psychotherapy Biennial Conference
Full Conference Agenda**

Friday November 2, 2018

Morning Movement Experience:

The Dynamic Diaphragm – A Novel Exploration of Structure, Physiology and Embodiment for Self-Care with Jill Miller, E-RYT

Breakfast

Convocation

Christopher Walling, PsyD, President USABP

Aline LaPierre, PsyD, Vice President USABP

Karen Roller, PhD, Secretary USABP

Rae Johnson, PhD, Chair of Somatics, Pacifica Graduate Institute

USABP & EABP: Looking Forward

Carmen Joanne Ablack, MSc, President of the European Assoc. For Body Psychotherapy

Opening Keynote

Creativity in Psychotherapy: An Adaptive Function of the Right Brain Unconscious

Allan Schore, PhD

Lunch & Poster Presentations

Poster Presentations:

Metamorphosis: Embodying Metaphor

Sarah Imhoff-Jones

An Efficacy Study of Somatic Psychoeducation at a Japanese University

Hiroki Yamaji

Reintegrating the Performing Artist: Exploring Bodymind Experience in Former Performers

Jessica Pink

The journeying body: An exploration of narratives of women who have experienced disconnection and connection with their body

Deidre Keating

Afternoon Colloquium

Clinical Intuition as The Body's Flower of Compassion and Creativity

Terry Marks Tarlow, PhD

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Bioenergetics of Dysfunctional Society: A Fear of Life
Frederic Lowen

With the Alexander Lowen Foundation, A Senior USABP Member Institute

Sunflower Mind: Working with relationality as an implicit, embodied process
Serge Prengel

Organicity and Self-Organizing Systems in Treatment
Steve Hoskinson, MA

Embodiment, Personal Development and the State of Consciousness
Serge Gerken, PhD

An Experiential Demonstration of Free from Conflict Protocol: Self-regulation and Relationships
Gina Ross, MFCC

It Takes A Village: Putting Theories Into Practice
Anne Isaacs, MSW

Connection: Our Greatest Longing and Deepest Fear
Ellen Byrne, CMT, SEP

*Methods for Measuring the Wisdom of our Somatic Intelligence: Developing the Post Encounter
Clinical Summary*

By Aaron Freedman AMFT, Theresa Silow PhD, LPCC, SEP, Stuart Gold MFT, & Thomas Pope
MFT

From the California Institution Of Integral Studies, A USABP Member Institution

Setting Babies Up For Somatic Authenticity

By Ruth Anne Hammond, MA & Jill Getto Lee M.A.

Relational Approaches to Death & Dying Panel Presentations:

*Expanding ideas of Life, Love and Connection: Bringing Dying and Grief into the fold of Body
Psychotherapy*

Jeanne Denney, MA, PE—Panel Chair

The Grief Recovery Method: A Relational and Affective Approach to Grief and Loss

By Shelby Messenger, MA

A Living Embodied Epistemology of Death

By Jana Hendricks

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Love Heals: Applying Somatic & Energetic Principles to Fetal, Birth, and Post-Birth Trauma
Karyne Wilner, PhD

Equusoma: Integrated Somatic Experiencing & Attachment Work into Equine Assisted Trauma Recovery
Sarah Schlote, MA, SEP

4E Cognition: Humanness from a nervous system point of view
Lisa Dale Miller, LMFT, SEP

The Intelligent Body: Reversing Chronic Fatigue & Pain from the Inside Out
Kyle Davies MPhil, Rebecca Metro

Oneness and Separateness: The Relational Body
Judith Blackstone, PhD
From The Realization Process, a USABP Member Institute

Interoceptive Awareness Training to Facilitate Reconnection and Enhance Embodiment: Therapeutic Processes and Scientific Outcomes
Cynthia Price, PhD, LMT, University of Washington Seattle

Relational Approaches in Trauma Psychotherapy Panel Presentations:

Healing Archetypal Trauma with Body Psychology
By Andy Hahn, PsyD— Panel Chair
With the Life Centered Therapy, A USABP Training Member Institute

Integrating Somatic Psychology into Evidence Based Trauma-Informed Care
By Arielle Schwartz, PhD

Rewriting Traumatic Memories During the Reconsolidation Phase
By Shahri Homayoun, PhD

Social Justice in Body Psychotherapy Panel Presentations

Race, Trauma, Somatics
By Claire Haiman, PsyD, Director of Mental Health Services, Columbia University Medical Center
Mica McGriggs, PhD of Columbia University Medical Center
Panel Chairs

Embody Nonviolence: Peace Practices and the Embodiment of Social Justice Learning
By Brandon WilliamsCraig, PhD

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Female Sexual Objectification and the Castrated Feminine: Re-Membering Embodied Intelligence

By Maryanne Comaroto & Rebecca Pottenger

From Pacifica Graduate Institute, a USABP Member Institution

Somatic Practice with Marginalized Communities

Sage Hayes, CMT

Dinner

Evening Film Screening of the West Coast Premiere:

Love, Work and Knowledge

The Life and Trials of Wilhelm Reich

Saturday November 3, 2018

Morning Movement Experience:

Core Breath Experiential Workshop

With Alycia Scott Zollinger

Breakfast

USABP 2018 Pioneer Award Lecture

Trauma and Intimacy through the Lens of the Polyvagal Theory: Understanding the Transformative Power of Feeling Safe

With Stephen Porges, PhD

USABP 2018 Lifetime Achievement Award Lecture

Sensory Awareness: Reconnecting with Ourselves

With Judyth Weaver, PhD

Lunch & Author Signing

Afternoon Colloquium

Sexual Healing Heals More Than Sex: Body-to-Body Intimacy and Mindful Eroticism

Stella Resnick, PhD

Sexual Pleasure in Light of Intersubjectivity

Lawrence Hedges, PhD

Sex Addiction As Affect Dysregulation: An Embodied Approach to Treatment

Alexandra Katehakis, PhD

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The Integration of Mindfulness and New Somatic Approaches for the Treatment of Trauma & Cultivating Resiliency

Ron Alexander, PhD, SEP

Biofeedback as a Viable Somatic Modality for Trauma and Related Comorbidities

Cynthia Kerson, PhD, Saybrook University

Somatic Individuation: Repairing the Connection Between Psyche and Soma Through Embodied Active Imagination

Bridget Carlson

Discovering & Experiencing the Impact Somatic Therapies Have on Authenticity

David Phillips, Med, CCEP, Faculty Institute of Core Energetics (A USABP Member Institution)

Clinical Interventions to Repair and Embody the True Self

Carolyn Bucey Eberle, LPC

Bearing Witness: Psychic Space for Connection

With Pacifica Graduate Institute Students Mădălina Bortes and Cacky Mellor, M.Ed

Better Brain Function through Movement: Using Exploratory Movement for Trauma and Eating Disorder Recovery

Susan Richter, MFT, CEDS, SEP & Sean Baker, MFT, SEP

Embodied Wisdom: The Dance of Three

Tina Stromsted, PhD, LMFT, LPCC, BC-DMT

Touch: The Royal Road to Connection and Repair Part Two of Two

Joe Weldon, Lic. Psych, MST

Noel Wight, MA, MST

Co-Directors of the Somatic Therapy Center, a USABP Member Institute

What's Happening!?! A Developmental-Relational Case of Delayed Embodiment

Mark Ludwig, LCSW

LifeLineLandscaping Work

Joke van de Belt, MA & Gabriele Hoppe, ClinPsych.

Senior Trainers International Institute for Biosynthesis

The Actors Secret for Therapists

Betsy Polatin, MFA, SEP

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Body-based Connection Repair: How to Use the Five Personality Patterns plus NVC with Couples and Dyads for Fast, Effective, and Sustained Connection Repair and Conflict Resolution
Jill Nagle

USABP Senior Training Member Spotlight:

Somatic Experiencing Trauma Institute
Foundation For Human Enrichment Present

The Preparatory Set and the Natural State; a neurobiological framework for embodied psychotherapy

Mardi Crane-Godreau, PhD Chair of FHE Board
& Peter Payne, SEP of Dartmouth College

A Focusing Hour, In Honor of Eugene Gendlin:

Bodymap Protocol: Integrating Art Therapy & Focusing in the Treatment of Adults with Trauma
Darcy Lubbers, MFT

Body dreamwork: Using focusing to help clients find the lifeforce inherent in dreams and nightmares

Leslie Ellis, PhD

Pacifica Graduate Institute Panel: Digital Life & The Soul: The Extended Body In Cyberspace

I love my iPhone: The Interpersonal Neurobiology of Augmented Intelligence

Elizabeth Eowyn Nelson, PhD, Faculty, Pacifica Graduate Institute, Panel Chair

Traumatic Attachment between Humans and their Digital Technologies

Daniel Mark Ballin, LCSW

Technology, the Felt Sense and Aesthetic Sensitivity

Gary Jobe Ferguson

The Use of Touch in Body Psychotherapy Panel Presentations: Aline LaPierre, PsyD, MFT,
Vice President of USABP, Panel Chair

Touch: The Royal Road to Connection and Repair Part One of Two

Joe Weldon, Lic. Psych, MST

Noel Wight, MA, MST

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Healing Hands through the Five Elements

Brian Falk, MA, C. Ac.

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Facilitating Reparative Experiences of Touch between Children and Caregivers through FirstPlay Kinesthetic Storytelling

Janet Courtney, PhD, LCSW

Wisdom of the Body: Beyond Talk Therapy: How to Use Intimate Nonsexual Restorative Touch in a Counseling Context

Jill Nagle

Yoga & Exercise Sciences in Body Psychotherapy Panel Presentations:

Blending Disciplines: Using Exercise Science to Bridge Understanding in Somatic Psychology Interventions.

Stacy Reuille-Dupont, PhD-Panel Chair

Yoga Psychology Concepts in Sex Trafficking Survivor Narratives

Julie Carmen Hoffman, LMFT, C-IAYT, YTRX

Bringing Nervous-System Informed, Trauma-Sensitive Yoga in the Psychotherapy Session

Joann Lutz, MSW, LICSW, E-RYT, C-IAYT

Bodyfulness

Rachel Allyn, PhD, RYT-500

Applied Body-psychotherapy Research Panel Presentations:

Small Groups for Healing Trauma with Relational Body-Centered Practices

Sharon Stanley, PhD & Holly Watson MS, ANP-BC

Panel Co-Chairs

Somatic Experiencing for PTSD: A Randomized Controlled Outcome Study

Gina Ross, MFCC

Mutual Respect and Reciprocity between Depth Psychotherapists and Somatic Practitioners:

Healing Takes a Village

Dawn Marie Loerch, M.A.

Graduate Student, Pacifica Graduate Institute

Using Authentic Movement to Create Safe Containment for Exploring Symptom in the Chronically Ill

Elyn Selu, Graduate Student, Pacifica Graduate Institute

**Evening Awards Reception
& Wine Tasting**

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Sunday November 4, 2018

Morning Movement Experience:

Beyond the Nervous System - Generativity and Resourcing Through Embodied Embryology

With

Theresa Silow, PhD, LPCC, SEP, Professor of Somatic Psychology, CIIS

Shirley Bar-Dvir, MA, LMFT, Hakomi Therapist and Teacher

Morgan Shepherd, MA, LMFTi

Breakfast

The USABP Board Plenary Session:

Revolutionizing Trauma Treatment: Accurately Gauge and Modulate ANS Arousal in Clients and Yourself

Babette Rothschild, MSW

Integrative Body Psychotherapy In Action

Marjorie Rand, PhD

Early Coping Strategies: Another Addictive Behavior Which May Sabotage Connection

Alice Ladas, PhD

USABP Senior Training Member Spotlight:

Hakomi Mindful Somatic Psychotherapy: An Experiential Workshop

Shirley Bar-Dvir, MFT

Closing Remarks

Christopher Walling, PsyD, President USABP

Aline LaPierre, PsyD, Vice President USABP

Karen Roller, PhD, Secretary USABP