

“The expressive language of the living”

Workshop in psychiatric orgone therapy ad modum Wilhelm Reich, Oslo 24.-29. June 2019

Wilhelm Reich is known as the founding father of what is now called bodyoriented psychotherapy or somatic psychology. From 1970-1995, Dr. Harry Lewis MSV, Ed.D, worked with Dr. Victor Sobey, MD, one of the last psychiatrists trained by Reich in the 1950's. Dr. Lewis has practiced orgone therapy in New York since 1978. He was also for many years an assistant professor at The New School for Social Research in New York, teaching child development and psychology, and has worked with, amongst others, Daniel Stern.

In the workshop, who will be attended by professional health workers only, participants will present cases they have been working with. In addition we will read through Reich's 1945 article “The expressive language of the living”, Printed in the 3. edition of Reich's book “Character analysis”. This article, that in particular deals with emotions and the musculoskeletal system, will be used as a framework for the discussions.

Program

Monday 24.06

0900-0930: Participants presents themselves.

0930-1300. Case presentations by participants. «The expressive language of the living 1: The function of emotion in orgone therapy».

1300-1400 Lunch.

1400-1900 Dr. Lewis gives private sessions.

Tuesday 25.06

0900-0930: Recapitulation from yesterday. Questions and answers.

0930-1300. Case presentations by participants. «The expressive language of the living 2a: Plasmatic expressive movement and emotional expression».

1300-1400 Lunch.

1400-1900 Dr. Lewis gives private sessions.

Wednesday 26.06

0900-0930: Recapitulation from yesterday. Questions and answers.

0930-1300. Case presentations by participants. «The expressive language of the living 2b: The emotional expression of the orgasm reflex».

1300-1400 Lunch.

1400-1900 Dr. Lewis gives private sessions.

Thursday 27.06

0900-0930: Recapitulation from yesterday. Questions and answers.

0930-1300. Case presentations by participants. «The expressive language of the living 3: The segmental arrangement of the armor».

1300-1400 Lunch.

1400-1900 Dr. Lewis gives private sessions.

Friday 28.06

0900-0930: Recapitulation from yesterday. Questions and answers.

0930-1300. Case presentations by participants. «The expressive language of the living 4: The emotional expression of the orgasm reflex and sexual superimposition».

1300-1400 Lunch.

1400-1900 Dr. Lewis gives private sessions.

Saturday 29.06

0900-0930: Recapitulation from yesterday. Questions and answers.

0930-1300: Case presentations by participants. Recapitulation of the whole week. Questions and answers. 1300-1400 Lunch.

1400-1900 Dr. Lewis gives private sessions.

Price for the workshop: NOK 3000

Price for private sessions with Dr. Lewis: NOK 1000

Arranged by: Dr. Tore Kierulf Naess, MD. Dr. Naess has been arranging summer seminars with Dr. Lewis in Oslo since 2012.

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