Session 1: 09.00 – 10.30
The Science of Body Psychotherapy: relevance, methods and future perspectives
Sheila Butler (Chair)

**Presentation A: Joop Valstar** (15 mins)
What am I doing anyway? A body psychotherapist clinician’s perspective

| Abstract: | Most body psychotherapy training schools and their charismatic founders originate from the roaring sixties and seventies. Practicing body-psychotherapists still carry the spirit of liberation (“go with the flow”, “re-own the body”, “drop your mind, come to your senses”) in their hearts and their professional attitude. As the experiential approach has been essential and attractive in body psychotherapy teaching and practice, and still is, now the rising questions and demands are about theoretical grounding and deeper understanding about how what we do works or not. No doubt individual practitioners more or less find their ways to bridge their know-how and available knowledge. However, a bright clear bridge, built and shared by researchers, writers, training institutes and supervisors is missing. |

Joop Valstar Psychologist, EABP accredited body psychotherapist, ECP holder (European Certificate of Psychotherapy), Gestalt therapist, Unitive psychotherapist, Lomi practitioner, Bodynamic practitioner. In private practice in Amsterdam since 1975. Has held executive positions on the boards of the Dutch Unitive Association VUP and the Dutch Association for Psychotherapy NAP. He co-established the Dutch Association for Body Psychotherapy NVLP in 1998 and was its President until 2010. He was on the EABP Board from 2002 and EABP President 2006 - 2008.

**Presentation B: Frank Röhricht** (15 mins)
What could I be doing? Research informing practice.

| Abstract: | There is a growing body of evidence base underpinning body psychotherapy practice, both in respect of clinical effectiveness and therapeutic processes/mechanism. At the same time findings from the areas of ethology/non-verbal communication, cognitive sciences (embodiment) and neuroscience lend itself to inform practice in body psychotherapy. The paper will summarize some significant findings from those areas of |
research in respect of their implications for therapeutic practice in BPT. Particular attention will be paid to some qualitative, process oriented facts

**Frank Röhricht** Consultant Psychiatrist (MD, FRCPsych); Body Psychotherapist; Visiting Professor University of Hertfordshire, School of Psychology and Honorary Professor Centre for Psychoanalytic Studies, University of Essex.

With numerous publications in peer-reviewed journals, he is one of the leading researchers in the international field of Body Image Phenomenology and Body Psychotherapy in Mental Illness; book publications include co-editor of *Handbook of Body Image Research* and chapters in books on Body Psychotherapy.

Website: [www.frank.rohricht.com](http://www.frank.rohricht.com)

**Presentation C: Rae Johnson & Christine Caldwell** (15 mins)

*Embodying the Research Mind*

**Abstract:** Traditionally, body psychotherapists have focused on building theory as it informs and has been informed by clinical practice, an activity that is common across psychological disciplines that are in their formative stages of development. As the field of body psychology matures, new understandings emerge of how we can ‘flesh out’ our own research interests and validate our unique perspectives. This talk focuses on ways in which clinical and research processes share common values and methods. By taking advantage of these overlaps, we can increase our capacity as clinician-researchers to engage in our own scientific inquiry.

**Keywords:** Research, body psychotherapy, somatic psychology, research paradigms and methods

**Dr. Rae Johnson** is the Director of the Institute for Embodiment Studies, a non-profit educational organization dedicated to advancing interdisciplinary scholarship in embodiment studies. She is the former Chair of the Somatic Psychology Department at the Santa Barbara Graduate Institute, former Director of the Body Psychotherapy Program in the Somatic Counseling Psychology Department at Naropa University and the founding Coordinator of Student Crisis Response Programs at the University of Toronto. Her research and clinical interests include the somatic impact of oppression, embodied critical pedagogy, and feminist somatic research methods.

**Christine Caldwell, Ph.D., BC-DMT, LPC, NCC, ACS**, is the founder and former director of the Somatic Counseling Psychology Department at Naropa University, where she teaches somatic counseling, clinical neuroscience, research, and diversity issues. Her work, called the Moving Cycle, spotlights natural play, early physical imprinting, fully sequenced movement processes, the opportunities in addiction, and a trust in the authoritative knowledge of the body. She has taught at the University of Maryland, George Washington, Concordia, Seoul Women’s University, Southwestern College, and Santa Barbara Graduate Institute, and trains, teaches and lectures internationally. She has published over 30 articles and chapters, and her books include *Getting Our Bodies Back*, and *Getting In Touch*.

**Presentation D:**

*Bringing the themes together*

**Presentation E:** *Open facilitated discussion – audience participation* (30 mins)
Evaluating therapeutic processes and outcomes in BP research projects

Frank Röhricht (Chair)

Presentation F: Courtenay Young (10 mins)

What are we not doing?

Abstract: There is relatively very little academic writing and published research in BP. How can we encourage academic writing and research in BP training? In this short presentation, I will outline some of the ‘failings’ of our field and our (old-style) training courses and suggest what needs to be done to get more Body Psychotherapists writing and publishing ‘scientifically’.

Courtenay Young is a well-known Body Psychotherapist, who has been EABP General Secretary & President, and is now an EABP Honorary Member. He has written over 40 published articles; two books; and has recently started his own publishing imprimatur, Body Psychotherapy Publications, with 3 volumes currently available. He is also Editor of the International Journal of Psychotherapy and has been a co-editor of the Taylor & Francis journal, Body, Movement & Dance in Psychotherapy.

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Presentation G: David Tune (25 mins)

Process research – pros and cons

Abstract: This presentation will focus on the need for more research in Body Psychotherapy, and the opportunities presented for practitioner research in an area of psychotherapy that has gained increasing general recognition through the publication of articles, journals and texts, but has been slower to embark on more research based evidence. Generally, Body Psychotherapy tends to be more practitioner-based, than many other modalities that have enjoyed the support and involvement of academia. With the increased demand for evidence-based practice over the last decade coming in particular from government and funding institutions, there is a need for Body Psychotherapists to become more engaged in research. While large-scale quantitative research, such as random control trials, does not necessarily appeal to many practitioners, and is, at any rate, beyond the resources of all but the academic or medical organisations. On the other hand, small-scale qualitative research can appeal to a range of practitioners, and offers exciting possibilities for therapists who are involved with clients on a day-to-day basis, to immerse themselves for a while in something that has meaning to themselves and their field of Body Psychotherapy.

This presentation will look at different approaches to process research that seeks not to find ‘grand universal truths’, but to explore the myriad of meanings that lay behind what occurs within the relationship that we choose to call ‘therapy’. Within this paradigm subjectivity, co-creativity, and ‘embodied awareness’ can be the focus of attention, and the presence of the researcher / practitioner, rather than seen as an impediment to validity is part of the process. David will present some details of his own research into the use of touch, which formed the base of his doctorate, and will briefly outline his journey through the process of sole practitioner research.

Keywords: Process research, different types of research, small-scale design.

David Tune After graduating in Psychology in the mid 1970s, David moved to New York to study for his MA in Psychology, where he also trained in Bioenergetic Psychotherapy for three years. He returned to the UK in 1982, and continued his interest in Body Psychotherapy by entering the training programme at the ‘Chiron Centre’, which he completed in 1994. Since that time he has worked as a Body Psychotherapist and more recently a supervisor. David became increasingly interested in training, and, after studying for a teaching qualification, he combined a
private practice with a Senior Lectureship at university. He completed his doctorate six years ago and has published journal articles and book chapters on the subject of touch and proximity in psychotherapy. More recently, he co-authored a piece of research on the subject of presence in music education. David also has worked in the field of adoption and continues to have an interest in that area of work.

**Presentation H: Stefan Priebe** (20 mins)

*Are randomised controlled trials the only gold that glitters?*

**Abstract:** Rigorous research is required to establish whether therapies are effective, and randomised controlled trials (RCTs) have been established as a gold standard of evaluation methods. There are several drivers for the rise and dominance of RCTs, such as the strong role of drug treatments and the search for a consensus on undisputed evidence that can guide funding decisions. Trials have provided a vast amount of evidence and informed treatment guidelines, which have contributed to substantial improvements in practice. However, the approach of RCTs also has a number of limitations, and the focus on such trials and research might hinder progress in some respects. These problems will be discussed and more recent methodological developments in the evaluation of complex interventions in mental healthcare will be presented. It will be argued that, in the context of currently available methodologies, RCTs will continue to have an important place, but should be complemented by other approaches for both the development of novel treatments and the evaluation of existing ones.

**Key-words:** RCTs, evidence, problems, development of novel treatments

**Dr. Stefan Priebe** graduated in Psychology and Medicine, and qualified as Neurologist, Psychiatrist and Psychotherapist in Germany. He was Head of the Department of Social Psychiatry at the Free University, Berlin, before he took up his current post as Professor for Social and Community Psychiatry at Barts and The London School of Medicine and Dentistry (Queen Mary, University of London) in 1997. He is an honorary consultant psychiatrist in East London and holds visiting professorships in other European countries. In various local and national roles, he has been involved in the development of mental health services in the NHS and abroad. He leads a research unit in East London, which focuses on the development of novel therapeutic approaches and the evaluation of complex interventions in mental health care.

**Presentation I: Elisabeth Sedlmayr-Länger** (20 mins)

*The Criteria of Evaluation*

**Abstract:** There are different ways to conduct empirical studies to show the effectiveness and efficacy of Body Psychotherapy. The interpretation of the results and the meaning depend on several criteria or variables. Some of these will be presented and discussed.

**Key-words:** Research, patients vs clients, experimental design, measurement methods, efficiency of body psychotherapy interventions.

**Dr. Elisabeth Sedlmayr-Länger,** Dipl.-Psych., Clinical Psychologist; has been working since 1983, lecturing and giving seminars at the Ludwig-Maximilians-Universität, Munich, in the psychology department, clinical section, as an Associate Professor, and she does therapeutic work in her private practice. She has been practising her scientific and therapeutic work in Behaviour Modification since 1971, and in Body Psychotherapy since 1979.
Presentation J: (30 mins)
Open facilitated discussion – audience participation
Session 3: 13.30 - 15.00
Other scientific findings, projects and developments relevant for the theory and/or practice of BP
Siegmar Gerkin (Chair)

Siegmar Gerken PhD, ECP, HP has pioneered body-oriented and mindfulness centered therapy since 1971. He is the founder of the Energy & Consciousness Programs and of Integrative Core Evolution® Bodypsychotherapy www.CoreEvolution.com
Siegmar taught at: • Chicago School of professional psychology • Esalen, Big Sur • JFK University, CA • Behavioral Therapy Training Institute Hamburg • Management Seminars at Systhema.
He lectures and teaches at universities and institutes worldwide on the interconnectedness of psychosomatic processes as they manifest on the levels of body, emotions, mind, will and spirit.
His research in energy field documentation of psycho-emotional states in cooperation with Prof. F.A. Popp (discoverer of Biophotons) and K.P. Schlebusch MD, opened new horizons to scientists and practitioners.

Presentation K: Professor Helen Payne (20 mins)
From Practitioner to Practitioner-Researcher

Abstract: In this presentation, I will present my journey from practitioner into practitioner-researcher: the pitfalls, and how these were overcome, and what I needed to support me on that journey, will be covered. My example, The BodyMind Approach (TBMA) - for patients with persistent physical symptoms in primary care - arises from practice, transforms into research, and then morphs back again from research into practice. This is an unusual model, which is much needed in psychotherapy research. Furthermore, I will draw out some messages from recent examples in dance movement psychotherapy research.
Key-words: practitioner-researcher, the bodymind approach, psychosomatic conditions, researcher support, dance movement psychotherapy research

Professor Helen Payne, PhD, a UKCP psychotherapist, is based part time at the University of Hertfordshire (www.herts.ac.uk) and researches embodied approaches to change. She supervises PhDs, teaches, and examines worldwide. She is Founding Editor-in-Chief for the international peer reviewed journal ‘Body, Movement and Dance in Psychotherapy’ (Taylor and Francis). Helen has a private practice for groups/individuals and is setting up ‘Pathways2Wellbeing’ (www.pathways2wellbeing.com) to train body-oriented psychotherapists as facilitators to deliver a systematically researched treatment for patients with persistent, physical symptoms in the NHS.

Presentation L: Maurizio Stupiggia (20 mins)
**Effects on body image**

**Abstract:** I would like to illustrate the research landscape on the chronic effects of acute stress chronic (cPTSD, complex post traumatic stress disorder) on the body image. According to my field of investigation over the last years, I will show the effects of trauma, with particular attention to sexual abuse, on the perception and representation of our body. Here we look at some alienation phenomenon, up to the most outstanding forms where the person perceives herself outside of her body, called Out of Body Experience (OBE).

The disintegration of the experience in the somatoform dissociation, in other words, would be due to the lack of integration of the information from the lower nerve centers, branches of the afferent and of the somato-visceral memories, with the information processed with the maps in higher brain related to the representational capacities of consciousness and reflection. In particular, the somatoform dissociation, leads to a deficit integration between the data of consciousness and explicit somato-visceral memories, that form the basis for the perception of the body, and the representation of what may appear to others.

**Key words:** Body image, complex post traumatic stress disorder, out of body experience, somatoform dissociation, mirror neuron

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**Maurizio Stupiggia**, Body Psychotherapist. Professor of General Psychology at University of Genova; Assistant Professor at Westdeutsche Akademiie of Dusseldorf; and Guest Professor at University of Bologna in group theory and technique. Trainer in Biosystemic Psychotherapy and co-founder, with Jerome Liss, of the “Societa Internazionale Biosistemica”. He works as therapist and trainer in Italy, in some European countries, in Japan, and in Latin America.

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**Presentation M: Eric Wolterstorff** (20 mins)

**Build Nations, End War**

**Abstract:** When, in 1932, Albert Einstein wrote to Sigmund Freud about whether it was possible to control man's evolution, so as to make him safe against the psychosis of hate and destructiveness, Freud’s response, in the negative, was accurate for 1932. Since then, with greater awareness arising from neuropsychology, evolutionary biology, traumatology, sociology and systems theory — plus decades of experience gained from attempts to foster social development and peace internationally — we can see the beginnings of a new world, one in which, with more self-understanding and self-development, we, as individuals and in groups, can consciously intervene to end war and increase cooperation.

This presentation will outline a set of analytical tools that reveal leverage points in societies, to aid their development, and to lessen large outbreaks of violence. Finally, it offers a social context in which to practice body-based psychotherapy.

**Keywords:** Build nations, end war, social trauma

**Dr. Eric Wolterstorff's** specialty is social trauma, meaning the impacts of threats, disasters, deprivation and violent conflict on the capacity of societies to regulate and nourish themselves, to adapt, and to develop. His work is based in the intersection of psychology, trauma, culture, and group behavior in political and social environments. He is writing a book on social trauma for an international relations series, and working on national social trauma projects with activist-scholars in Rwanda, China and Israel.
**Presentation N: Sheila Butler** (5 mins)

*Building Bridges: What is happening in other fields, considering interrelations and connections between us and our worlds*

**Abstract:** This brief presentation will highlight how findings in mainstream science are finally providing an explanation for concepts for so long dismissed as mumbo-jumbo, and will point to the growing cross-fertilization of ideas which is giving rise to a greater clarity of insight into patterns of human nature.

This paradigm shift includes a shift from hierarchies to networks, a network of relationships where two of the central metaphors are homeostasis (keeping stability and change in dynamic balance) and homeodynamics (the level at which homeostasis is set is adjusted over time). The challenge ahead is to research creatively, develop insights and make ever closer and contemporary the link between the many landscapes of knowledge and our own professional landscapes.

**Keywords:** Research, paradigm shift, metaphors (homeostasis and homeodynamics)

Sheila Butler is a Clinical Researcher and co-ordinator of Projects in Mental Health Psychological Therapies (NHS) She is a practicing psychotherapist and also lectures at the Open University.

Sheila’s interests lie in developing an interdisciplinary debate to provide the base for the next generation of research, one which focuses on the interplay between biological, psychological, social and cultural factors.

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**Presentation O: Herbert Grassmann + Committee** (5 mins)

*Where to now?*

*The Body Psychotherapy Practitioner Research Network*

**Moderated plenary = Open facilitated discussion – audience participation** (30 mins)

The Body Psychotherapy Practitioner Network is in its infant stages. We hope that through organising this symposium we have made a significant start to setting up an ongoing dialogue among body psychotherapy practitioners and researchers.

**Dr. Herbert Grassmann** is the director of the European Association of Somatic Traumatherapy (EAST), Executive Director of the Institute for Structural Core Therapy (SKT) and founder of SKT® Strukturelle Körpertherapie and TraumaSomatics®. Since 2011 EABP Board Member and Chair of the Scientific Research Committee. He trains in several Business Companies and leads presentations, trainings and workshops throughout the world. In the late ‘80s and early 90s he trained in Structural Integration. He is a Certified Hakomi Practitioner and trained with Pat Ogden and Peter Levine in Trauma Therapy. He is the author of several articles and the book: Zwei im Einklang, Kreutz-Verlag, 2004. Website: http://www.skt-institut.org/

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**Closure**
Within the EABP Congress, there is also a 90-minute presentation from members of the EABP Scientific Committee, with Sheila Butler, Siegmar Gerken, Herbert Grassmann, Frank Röhricht, Maurizio Stupiggia, Joop Valstar, Jill van der Aa, Courtenay Young, and members of the The Body Psychotherapy Practitioner Research Network.

Research shapes therapeutic practice and practice can inform research in a number of areas. Yet the transfer of new knowledge into practice and vice versa is not self-evident. What is the case in Body Psychotherapy? This collaborative structured discussion explores this research-practice gap debate.

Abstract: Research shapes therapeutic practice and practice can inform research in a number of different professional areas. Yet the transfer of new knowledge into practice and vice versa is less self-evident than expected. What is the case in Body Psychotherapy? This structured discussion explores this gap between research and clinical practice, from three different angles: the researcher, clinician and client angles. How can we increase translation of research into practice? What types of evidence are needed? How can we increase translation of practice into research? What types of clinical questions are needed? Drawing on the experience of clinicians, researchers and service-users, examples to identify those factors that have contributed to successfully translating research into clinical practice will be explored. With its focus on removing barriers to multi-disciplinary collaboration, this type of debate has the potential to drive the advancement of applied science and clinical practice.

A note about Structured Discussions:
These are meant to provide an opportunity for a group of colleagues to discuss a specific topic. This session will be structured by having each designated discussant give a brief position statement on the theme so as to elicit active participation from all involved in the following discussion.
The session is based around the sharing of good practice and the opportunity to network with others. The discussion will be of interest to clinicians, researchers, trainers and everyone committed to developing psychotherapy as a more research-informed profession. You are invited to join us to share successes and learn from each other about how to increase the involvement of practitioners in research and encourage innovative studies and how to engage researchers in understanding the various aspects of the different clinical settings in different cultures.
A Call To Arms! Let Us Further Embrace Science!
By Courtenay Young, EABP – USABP Scientific Research Committee

Most people, reasonably well-informed about Body Psychotherapy (BP) and/or Somatic Psychology (SP), will acknowledge that (a) there are huge issues around what is ‘scientific’ and what is ‘relevant’ in psychotherapy research, and particularly in BP/SP research; and also (b) that – in comparison with some other types of psychotherapy (mainstream / modalities) – BP/SP does not have a very good track record for doing scientific research - indeed there is almost a paucity of BP/SP research. Many papers, essays and books have explored the nature of BP and made important contributions to the field recognizing the multidisciplinary and dynamic nature of the clinical work, but much more is needed regarding the clinical relevance of BP, and the existing evidence-base for BP needs to be strengthened.

As an indication of this, in over 20 years of publication and with more than 80 issues, the Society of Psychotherapy Research (SPR)'s [fairly] prestigious journal ‘Psychotherapy Research’ has just one single article where ‘body psychotherapy’ is actually mentioned in the title. As another indication, in Frank Röhricht’s (2009) excellent and well-referenced analysis of current BPT research, he states (in the Abstract):

“However, the evidence-base [for BOP] is not yet sufficiently developed in order to get BOP (body-oriented psychotherapy) recognised as a suitable mainstream treatment by national health services and their commissioning bodies. Strong academic links are urgently required in order to support practitioners in their efforts to evaluate the clinical work in systematic research. ... From a scientific perspective, projects on the interface between neuroscience and psychotherapy research should be conducted ... Qualitative research is needed to further investigate ... Provided these requirements will be fulfilled, BOP could be established as one of the main psychotherapeutic modalities in clinical care, alongside other mainstream schools such as psychodynamic, cognitive-behavioural and systemic.”

This paucity of proper research is now beginning to undermine the proper professional establishment of Body Psychotherapy and/or Somatic Psychology on a par with other branches on psychotherapy / psychology. It is highly likely that we will need a concerted international effort, on many levels – over the next 20 years – if we are going to try to rectify this deficiency. This involves engaging with the latest findings and the immense contributions that each study makes to the development of therapeutic work, and, at the same time advancing available knowledge and recognizing the gaps requiring further exploration. We also need practitioners to support the kind of empirical research that would help to establish the evidence base for Body Psychotherapy and Somatic Psychology. Finally, or primarily, we also need to be paying particular attention to human values and to a scientific attitude. Holding the possibility of both is potentially creative.

Since the formal re-establishment of the EABP Scientific Committee in Oct 2010, now also linked-in to various members of the USABP as well, we have had two meetings to work on a number of issues: (1) to start to build a database of existing Body Psycho-therapy research projects, with details, possibly on-line and thus openly accessible – so that we know what is ‘out there’ already and how to access it; (2) to build up a ‘network’ so that science and research articles can be exchanged and commented on within the BP/SP community, prior to external publication; (3) to find ways to ‘evaluate’ existing research and to determine what research is useful to Body Psychotherapy and in what areas where is further research needed; (4) to start working on a ‘lexicon’ of Body Psycho-therapy terms, so that we all know what we mean by ‘this’ or ‘that’; (5) to advertise the EABP Student Research prize, to identify guidelines and parameters and to adjudicate submissions; (6) to help try to get more articles about BP/SP published in ‘regular’ and mainstream ‘scientific’, psychology & psychotherapy journals - and this will also probably necessitate helping get the new USABP-EABP Journal properly ‘cited’ on the Social Science Citation Index; and (7) - one which promises to ‘bear fruit’ quite soon – is to hold a one-day Symposium on Scientific Research, immediately following on from the CABP-EABP Conference in Cam-bridge, UK on 18th September, 2012.

The title of the symposium is The Science of Body Psychotherapy (BPT): From Re-search to Practice and from Practice to Research. Some of the burning questions that both practitioners and researchers in our field are struggling with are: “What do we body psychotherapists add to the field of psychotherapy?” “How do we know that what we do works, and for whom, and that it is as effective as any other therapeutic approach?” “What are the ‘active ingredients’ in BPT, and what do we know about the specific aspects of the therapeutic relationship in BPT?” “What is appropriate Science and Research – as this applies to Body Psychotherapy?” Exploring the interface between practice, research and the range of discussions on the Conference themes, the Scientific Research Symposium will provide a place to share, innovate and interact. We all feel strongly that the whole clinical aspect of BPT has to be intimately involved as well as being informed by research and informing research. The great strength or resource (or research potential) that we have in BPT is in the large practitioner-base, the membership of EABP and USABP. They need to become more informed about, and more involved in research in BPT.

The three main topics in this Symposium will therefore be: (i) The Science of Body Psychotherapy: relevance, methods and future perspectives; (ii) Evaluating therapeutic processes and outcomes in BPT research projects; and (iii) Other scientific findings, projects and developments relevant for theory and practice of BPT. Presenters currently invited include: Christine Caldwell, Rae Johnson; Frank Röhrich, Sheila Butler, Courtenay Young, Stefan Priebe, Joop Val-star, Dave Tune, Helen Payne, Maurizio Stupiggia, Herbert Grassmann, Eric

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Wolterstorff, Siegmar Gerken and others.

We also hope to have, at both the main EABP Conference and the Scientific Research Symposium, other forms of dialogue and debate, many of which can be extended out to people (BP/SP ‘members’ – especially in the USA) who cannot be present: these can be ‘proceedings’ of papers and articles, submitted previously and available at the Conference, Symposium and via the EABP (possibly USABP) website; ‘poster presentations’ are invited about specific research studies and projects (these can also be ‘posted’ on the EABP website); videotapes and recordings of previous relevant presentations, started by Serge Prengel (see: http://somaticperspectives.com/); structured discussions and internet discussion forums on some of these topics (some are already happening on LinkedIn discussion groups; and we – of course – welcome any contributions of any sort from EABP & USABP Members, as well as other people involved in the wider Body Psychotherapy / Somatic Psychology community.

We intend to hold a similar Scientific Research Symposium again, in conjunction with the next ISC-EABP Conference in Lisbon, 11-14th September, 2014. Hopefully this date will not clash (again) with the USABP Conference and maybe the USABP Board & conference team will even consider starting to hold their own Scientific Research Symposia, maybe in the years in between the bi-annual conferences, and on more of a regional basis.

I also think that it will become absolutely necessary – at some point – to establish a Somatic Psychology division of the American Psychological Association (APA) (www.apa.org/about/division/index.aspx) and maybe, this could be done sooner, rather than later, by any USABP members who are also members of the APA.

Anyway, we look forward to your involvement – on any level – and hope particularly to see you at these EABP Scientific Research Symposia in September 2012, or 2014.

For more information on the work of the EABP Scientific Committee and/or if you would like to get involved please go to the EABP website: www.eabp.org and click on the link under —Research — to the EABP Scientific Committee. For ongoing updates see EABP website: www.eabp.org and the 2012 EABP Conference website on —The Body in the World; The World in the Body September 14-17, 2012 Cambridge, UK: www.eabpcongress2012.co.uk